

Heart Disease Quiz

Heart disease is a serious medical condition, but knowing how to prevent or manage heart disease can help save your life or the life of someone you love.

Test your knowledge about heart disease with six quick questions.

1. True or false? Heart disease is the second leading cause of death in the United States.

- True
- False

2. Having high blood pressure, having high cholesterol, and smoking tobacco all increase your risk for heart disease. Health care professionals call these "risk factors."

How many American adults have at least 1 of these 3 risk factors for heart disease?

- 24%
- 37%
- 47%
- 76%

3. How many Americans will have a heart attack for the first time this year?

- Less than 50,000
- 100,000
- 500,000
- More than 600,000

4. You have a better chance of surviving a heart attack if you know the warning signs. Which of these is a warning sign of a heart attack?

- Pain or discomfort in the jaw, neck, or back
- Shortness of breath
- Feeling weak, light-headed, or faint
- All of the above

5. True or false? Heart disease can run in a family.

- True
- False